Personal minimums and decision-making criteria are best defined on the ground, free of external pressure and the workload of flying the aircraft. Writing them down makes it much easier to resist the temptation to "mentally negotiate" yourself into a tight spot, allowing your decision making to be clouded in the heat of the moment by emotion and hope.

This document defines the contract you make with yourself, your passengers, and your family.

Remember to update your personal minimums regularly to reflect your current proficiency in the aircraft you'll be flying.

### INSTRUCTIONS

- Review all sections and determine your personal minimums specific to the type of aircraft you fly. If you're a new or rusty pilot, consider asking a CFI for help.
- 2. Fill in the information for each item.
- 3. Keep this contract with your flight bag for quick reference.

This IFR PILOT PERSONAL MINIMUMS CONTRACT is available online

www.airsafetyinstitute.org/ifrcontract

The VFR PILOT PERSONAL MINIMUMS CONTRACT is also available online www.airsafetyinstitute.org/vfrcontract



# IFR PILOT PERSONAL MINIMUMS CONTRACT



AOPA AIR SAFETY

#### AIR SAFETY INSTITUTE

421 AVIATION WAY, FREDERICK, MD 21701

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### **PILOT**

MIN. HOURS (LAST 30/90 DAYS)	/
MIN. HOURS IN TYPE (LAST 30/90 DAYS)	/
MIN. LANDINGS (LAST 30/90 DAYS)	/
NIGHT HOURS (LAST 30/90 DAYS)	/
MIN. HOURS ACTUAL OR SIM. IFR	/
(LAST 30/90 DAYS)	

- VFR INTO IMC TRAINING COMPLETED WITHIN LAST 12 MONTHS
- MIN. RECURRENT TRAINING COMPLETED (circle one) PAST 6 / 12 / 24 MONTHS
- COMPLETED IPC WITHIN LAST 12 MONTHS
- ASI recommends recurrent training every 12 months with a CFI who's familiar with the aircraft make, model, and equipment.

#### AT A MINIMUM, MY OVERALL WELLNESS SHOULD BE

ADEQUATE	OK	WELL	VERY WELL

ASI recommends considering sleep, medications, alcohol, stress, and other factors that could affect the safety of flight.

### WEATHER

MAX. WIND VELOC	ITY AND GUST		
MAX. CROSSWIND			
MIN. CEILING	DAY	NIGHT	
MIN. VISIBILITY	DAY	NIGHT	
MY EN ROUTE MIN	IMUMS		
CEILING	DAY	NIGHT	
VISIBILITY	DAY	_ NIGHT _	
MY PRECISION APP	PROACH MINIMUM	S	
CEILING	DAY	_ NIGHT _	
VISIBILITY	DAY	_ NIGHT _	
MY NON-PRECISIO	N APPROACH MIN	IMUMS	
CEILING	DAY	_ NIGHT _	
VISIBILITY	DAY	_ NIGHT _	
FLIGHTS INTO DEP (CHECK YOUR CON		URNS	
RAIN -	MODERATE		HEAVY
SNOW	MODERATE		
MIXED -			

LIGHT MODERATE

## AIRPORT

RUNWAY MIN. LENGTH RUNWAY MIN. WIDTH

Aircraft performance degrades when density altitude is above 1,000 feet. As a result, ASI recommends adding 50 percent to the POH takeoff or landing distance over a 50-foot obstacle.

### **AIRCRAFT**

MIN. FUEL RESERVES (hours : minutes)

DAY \_\_\_\_: \_\_\_\_ NIGHT \_\_\_\_:

ASI recommends landing with at least one hour of fuel remaining.

NIGHT FLIGHT IN A SINGLE-ENGINE AIRCRAFT Y/N

IF YES, LIST LIMITATIONS (e.g., no mountainous terrain, no over-water flights, will reach cruise altitude before sunset)

### I WILL

	Only fly when I am proficient with the aircraft		
	limitations, performance, normal and emergency		
	procedures, systems, and avionics.		
	Use precautions when transitioning to different aircraft/avionics/systems.		
	Consider the risks of flying over mountainous terrain.		
	Fly with current GPS database, charts (or EFB), and a backup (as required).		
	Not use my aircraft's deicing and anti-icing equipment		
	for prolonged flights in icing conditions, but rather to		
	escape icing conditions.		
	Fly with adequate de-icing fluid (if applicable).		
	Always get a recorded FAA weather briefing for flights		
	away from home base.		
	Fly with a qualified pilot or CFI (or postpone the flight)		
	if my personal minimums are not met.		
Pilo	t signature		
CFI,	/witness		
Last	t updated//		
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